

# **Essential Tips for Working and Learning from Home:**

As we embark on Distant Learning, we recognize it can present different opportunities and challenges for families and students. While our number one goal is to continue high-quality instruction, we recognize the challenges and obstacles our students and families may face in the upcoming weeks will be exciting, yet apprehensive. To prepare for this new approach to learning, it is important that we help our students adjust to the new normal and begin to develop good learning habits. Here are a few tips to help students find success in this new environment:

- 1. Take a deep breath.
- 2. Be there for your child as a parent.
- 3. Continue to maintain family norms and be supportive.
- 4. Know that you are doing the best you can.
- 5. Celebrate your accomplishments and progress!

Here are a few ideas to consider how you can support your student educationally.

## STUDENT SCHEDULE FOR CONTINUITY OF INSTRUCTION

### MIDDLE & HIGH SCHOOL SCHEDULE

Robinson students will meet with ALL teachers during the appropriate class period for synchronous instruction. There will also be opportunities for asynchronous instruction and questions outside of the assigned bell schedule times.

# SYNCHRONOUS VERSUS ASYNCHRONOUS

With synchronous learning, students will "meet" at the same time in various formats and can receive immediate feedback from their fellow students or teachers during their session. Asynchronous learning doesn't enable that type of instruction, but work can be completed independently, and students can reach out to teachers at another time.

## ROBINSON SECONDARY'S



Monday – Student Directed Work Time Tuesday/Thursday:

1st pd 9:15-10:00AM	2 <sup>nd</sup> pd 9:15-10:00AM
3 <sup>rd</sup> pd 10:30-11:15AM	4 <sup>th</sup> pd 10:30-11:15AM
Lunch Break	Lunch Break
5 <sup>th</sup> pd 12:15-1:00PM	6 <sup>th</sup> pd 12:15-1:00PM
7 <sup>th</sup> pd 1:30-2:15PM	8 <sup>th</sup> pd 1:30-2:15PM

#### Wednesday/Friday:

- Student Work Time
- Staff Office Hours for Student Support

#### What is 2<sup>nd</sup> period?

• Optional student directed learning

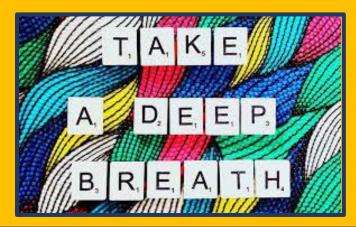
#### WHERE DO I START?

Try starting with one thing, and if it doesn't work out, try something different

**How will I teach my child?** No one expects you to do home-schooling. Your child may be your best guide as to when, how much, and how often instruction should happen. Don't feel like he or she is behind. The great part of this is that here is suddenly plenty of time to work at his/her preferred pace, to catch up, to work when and where he/she is most comfortable. Create a visible schedule so all

family members know what is expected.

What if my student is feeling anxious and not ready or "available" for learning? It's not easy to suddenly have to coexist all day, every day, for the foreseeable future. Your child may need to build up his/her stamina for work – be patient. His/her emotional health is most important. He/she may need time to process what's happening. Give latitude to emotional outbursts; kids tend to "let loose" where they feel safest.



#### **DIGITAL LEARNING 101**

What will my student be working on?

• FCPS 24-7 Learning/Blackboard.

Where will they complete the assignment?

• FCPS 24-7 Learning/Blackboard, Google Classroom, or an alternative application.

How will I know what grade they earned?

 Posted in SIS and accessible through ParentView and StudentView.



#### **FCPS RESOURCES**

Academics and Continuity of Learning Plan for Students and Parents - <a href="https://www.fcps.edu/news/coronavirus-update-academics-distance">https://www.fcps.edu/news/coronavirus-update-academics-distance</a>

AP and IB Updates - <a href="https://www.fcps.edu/news/new-updates-ap-and-ib-students">https://www.fcps.edu/news/new-updates-ap-and-ib-students</a>

Keeping Children Occupied during Week #1 https://www.fcps.edu/blog/keeping-your-childrenoccupied-while-schools-are-closed-1

FCPS 24-7 Learning/Blackboard -

https://www.fcps.edu/resources/technology/fcps-24-7-learning

SIS ParentView (Grades) -

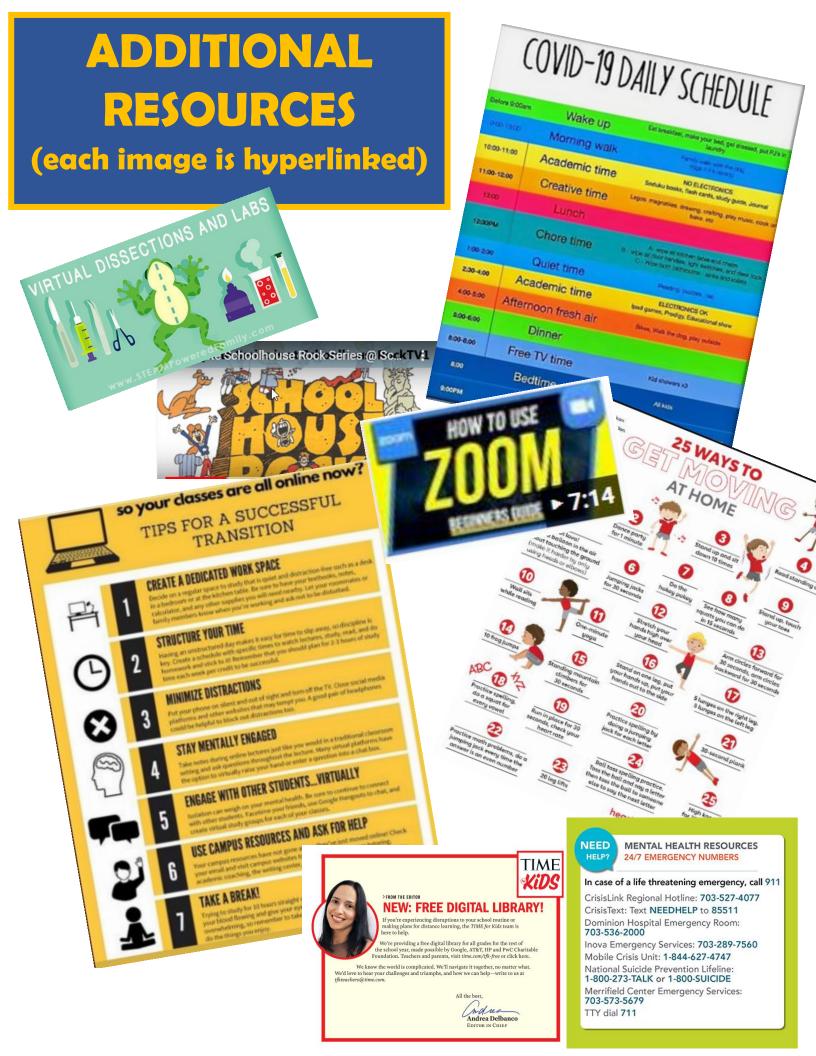
https://www.fcps.edu/resources/technology/fcps-24-7-learning/parent-help

Robinson Secondary School https://robinsonss.fcps.edu/



ROBINSON ®

NO RAMS WILL BE LEFT BEHIND.



# ♠ At-Home Resources for Families ♠

Read Alouds/Reading	Art/Creativity	Virtual Field Trips	Animals	PE/Movement	STEM
Storytime from Space	Lunch Doodles w/ Mo Willems Live M-F @12 CT	Farm Foods 360 11 Farm Tours	Cincinati Zoo Live M-F @ 2:00 CT	Spell Your Name PE	Cotton Ball Launcher
Storyline Online Great books read aloud by celebrities!	Harptoons Publishing Live M-F @1:00 CT	<u>Yellowstone</u> <u>National Park</u>	Kansas City Zoo #kczoolive on FB Penguin live cam	Go Noodle!	Pringles STEM Challenge
Pete the Cat Club Storytime w/ author James Dean M-F @11:00CT	Art Teacher Cassie Stephens Live M-F @11:00CT Videos from Week 1 Robot Week	One Globe Kids Explore various parts of the world with kids in different countries.	Live Cameras at the San Diego Zoo	Cosmic Kids Yoga	Wonderopolis Where will your curiosity take you?
Storytime with Olaf (Josh Gad) On Twitter nightly @6:30PM CT	Nick Bruel Draw Bad Kitty Create a comic Write your own story	Mars 360 View with curiosity rover	<u>Georgia</u> <u>Aquariams Live</u> <u>Cam</u>	The Adventures of Super Stretch App for meditation, health, & wellness	MKE with kids 14 Science Experiments to do at Home
Audible Free audiobooks streamed for kids!	Art for Kids Hub Draw Alongs & Art Lessons	Boston Children's Museum	Monterey Bay Aquarium Live Cam	Ms. William's PE At-Home Resource	Global Cardboard Challenge April 1-15
Scholastic Read at Home	Lindsay's Art Cart Virtual Art Lessons M-F 10 AM CT	12 Famous Art Museums via Google Arts and Culture	Swtich Zoo Animal Learning games & more	Free PE Classes with Joe Wick M-F @9:00AM	<u>Discovery</u> #mindblown
Peter H. Reynolds (author of The Dot) Read Alouds Live M-F 11:00CT		The Great Wall of China	Abnormal Normal Zookeeper Talks March 23-27 Live 11:30CT	ABC Challenges  Exercise Challenge  Indoor & Outdoor Scavenger Hunts	NASA Kids Club

Explore Live strem of places and animals	Sedwick County Zoo Live Virtual Visits M-F 11:00 & 2:00CT	<u>PE with Coach</u> <u>Wood</u>	Tufts Design & Engineering Family Challenges