Robinson Girls Soccer Tryout Information - Spring 2025

Coaching and Support Staff:

Head Coach: Kim Bonafede (klbonafede@fcps.edu)

Varsity Asst.: Marvin Sim

Varsity Asst.: Ryan Austin

Principal: Tracey Phillips

DSA: Andy Jimmo

Asst. DSA: Matt Cross

Administrative Asst.: Amanda Livingston

JV Coach: Rick McManus

Athletic Trainer: Jeff Perry

JV Asst.: Joan Smith

Athletic Trainer: Debby Cassidy

JV Asst.: Noelle Zorzi



PAPERWORK

All paperwork **MUST** be turned in no later than **Thursday**, **February 20**. The VHSL and FCPS prohibits any player from trying-out for a team if they are missing any of the following the day of try-outs:

- 1. Current VHSL Physical signed by a physician
 - a. Turned in to activities office
- 2. Athletic Registration Form: https://robinson-ar.rschooltoday.com/

Any problem completing any of these must be brought to the coaching staff's attention prior to tryouts.

TRYOUT DATES

Tryouts will be held at the Stadium Field

Dates: February 24th – 28th - Time: 5:00 pm to 7:00 PM

TRYOUT SCHEDULE

- Monday: Warm up, 4 stations (timed mile run, shooting, possession, 1v1), scrimmage
- Tuesday: Warm up, fitness, 4 stations (possession, passing groups, rondo drills, small sided games), scrimmage
- Wednesday: Warm up, 4 stations (3v2, rondo games, long balls, three team soccer), scrimmage. * -First Round Selections:
 February 26th
- Thursday: Fitness and evaluation in small and large-sided games.
- Friday: Evaluation in small and large-sided games. * -Final Squad Selections: February 28th (unless weather prevents a tryout day)
- Missing paperwork and indoor tryouts due to inclement weather will NOT extend a player's tryout week

APPROXIMATE ANTICIPATED TEAM SIZE

Varsity: **19-23** JV: **19-23**

ELIGIBILITY REQUIREMENTS

- A player **MUST EARN** a passing grade in 5 classes in the first semester (1st and 2nd quarters combined) to be eligible to play.

ADMINISTRATIVE INFORMATION

- Failure to turn in your paperwork prior to the 20th of February, will result in a player not being allowed to tryout that day as we have a 24-hour turnaround time with the Athletic Trainer's office.
- If a student is going to miss tryouts she **MUST** notify the coaching staff and/or have prior approval.
- Each player will be personally addressed by a member of the coaching staff as to their status in the program.

AT TRY-OUTS

- ➤ <u>All players MUST</u> have a **plain white t-shirt** to wear during tryouts. Registered players will be assigned a group and number ahead of tryouts. This tryout number MUST be clearly written on shirt. This shirt must be visible at all times during the course of tryouts.
- All players should make sure to bring their cleats, running shoes, shin guards, a practice ball, and water with them to try-outs each day unless told otherwise.
- > As the weather (temp.) is going to vary considerably in the early part of the season, please dress appropriately for the weather.