

Dear Parent or Guardian,

**Robinson Middle School is offering its annual Mental Health Screening on Monday October 18th and Wednesday October 20th to all 7<sup>th</sup> grade students.** This free, voluntary screening is offered to help assess whether students may have symptoms consistent with depression. Depression is a treatable illness, and effective treatment of depression helps to prevent suicide, as well as significant behavioral, social, and educational problems. The screening cannot provide a diagnosis of depression, but it can give an indication of whether the young person should be referred for further evaluation.

This year's screening will involve a short educational video that is designed to teach self-help skills through short vignettes. After the short video, the students will be asked to complete a screening form. Based on the results of the screening form, there may be an additional private interview with one of our mental health professionals on staff. The student will be given literature on signs of depression and suicide prevention as well as information on mental health resources in our community. Follow-up calls to the parent of each student screened will be made if warranted.

Please feel free to call with any questions.

Sincerely,

Erika King  
Robinson School Psychologist  
(703) 426-2213

Kristen Licciardo, MSW  
Robinson School Social Worker  
(703) 426-2229

Middle School Counseling Staff:  
Nathan Herendeen (7th grade A-La)  
Jamee Lyons (7th grade Le-Z)  
Valerie Peters (8th grade A-La)  
Dolores Malloy (8th grade Le-Z)